

# WORKING TOGETHER BETTER

## Our Aims

Our aim as a partnership of Kirklees mental health organisations is to work together better to:

- Improve community mental health services for people and with people
- Ensure services are accessible to all
- Increase positive outcomes for people in our services
- Enable and create independence and resilience
- Increase prevention and early intervention work

## Get in Touch

To find out more about any service you are interested in, or to make a referral for yourself or someone else, visit our website: **[www.workingtogetherbetter.org.uk](http://www.workingtogetherbetter.org.uk)**

### Working Together Better Partnership - taking care of minds in Kirklees.

Open and friendly support for adults to help you find your way to better mental wellbeing by boosting your confidence, building resilience and making connections.

We are a partnership of independent adult mental health services providing:

- Creative activities
- Nature based and wellbeing activities
- Information and support
- Advocacy
- Employment and peer support
- Counselling
- Groups using therapy approaches



Our work is funded by Kirklees Council  
and NHS Integrated Care Board.





# The Partnership

The Working Together Better Partnership is made up of seven Community Adult Mental Health service providers from the voluntary sector in Kirklees:



## Carers Count

We support unpaid carers whose loved ones are experiencing or who are in recovery from mental ill health, including those with dementia or neurodiverse conditions, experiencing problematic substance misuse, including alcohol problems, or where an individual has a dual diagnosis involving co-existing mental health and substance misuse issues. We provide 1:1 emotional support, carers groups, short carer breaks, and information and advice. We also provide advocacy support to help carers speak up for themselves.

**Tel: 0300 012 0231**

**Email: [info@carerscount.org.uk](mailto:info@carerscount.org.uk)**

**Website: [www.carerscount.org.uk](http://www.carerscount.org.uk)**



## Cloverleaf Advocacy

We offer independent advocacy services to help people in Kirklees have their voices heard. Our services include IMCA, Care Act Advocacy (DoLS), IMHA, General Advocacy and Health Complaints Advocacy. We also support peer/group advocacy through Kirklees Autism Group and our Mental Health Kirklees Group. Our services are person-centred, free, independent, confidential, and available to those aged 18+ (16+ for IMCA).

**Tel: 01924 454875**

**Email: [referrals@cloverleaf-advocacy.co.uk](mailto:referrals@cloverleaf-advocacy.co.uk)**

**Website: [www.cloverleaf-advocacy.co.uk](http://www.cloverleaf-advocacy.co.uk)**



## CLEAR Service

CLEAR provides dynamic, creative, and inspiring groups and courses aimed at supporting mental health and wellbeing. We prioritise a flexible and adaptive approach, ensuring that individual choice remains paramount in the support we offer. Collaborating with you, we develop a personalised plan to track your journey and assist you in achieving your goals over a two-year period. Our services are available in Huddersfield and North Kirklees, seven days a week, including both daytime and evening sessions

**Tel: 01484 519097**

**Email: [clear.huddersfield@inspirenorth.co.uk](mailto:clear.huddersfield@inspirenorth.co.uk)**

**Website: [www.inspirenorth.co.uk/our-services/get-help-and-support-page/clear/](http://www.inspirenorth.co.uk/our-services/get-help-and-support-page/clear/)**



## hoot creative arts

hoot offers a range of free creative activities to help you to look after your mental health and wellbeing, these include music making, singing, visual arts, digital music making and creative writing. Absolutely no experience is needed and you can join a group at any time. Activities run at our base in Huddersfield and across Kirklees.

**Tel: 01484 516224**

**Email: [info@hootcreativearts.co.uk](mailto:info@hootcreativearts.co.uk)**

**Website: [www.hootcreativearts.co.uk](http://www.hootcreativearts.co.uk)**



## S2R Support to Recovery

S2R and our commissioned service The Great Outdoors Project provide opportunities for adults to get creative, learn new skills, improve their wellbeing and discover the great outdoors. Our workshops and courses include aromatherapy, gardening, sewing, physical and mental health, wellbeing and outdoor activities, all delivered in safe and friendly environments at our Huddersfield town centre building and various locations across Kirklees.

**Tel: 07933 358800**

**Email: [contact@s2r.org.uk](mailto:contact@s2r.org.uk)**

**Website: [www.s2r.org.uk](http://www.s2r.org.uk)**



## Waythrough

We support people in finding meaningful paid employment, volunteering opportunities, education or training, and retaining employment. We're here to encourage and develop the skills needed to manage individuals' mental health as they move towards vocational goals. Our service is available to adults living in Kirklees, and who live with mental ill health, autistic spectrum conditions and/or with other hidden impairments, or early onset dementia.

**Tel: 01484 434866**

**Email: [info.kirkleeses@waythrough.org.uk](mailto:info.kirkleeses@waythrough.org.uk)**

**Website: [www.rfkirkleesemployment.org.uk](http://www.rfkirkleesemployment.org.uk)**



## WomenCentre

We provide safe women-only spaces in both North and South Kirklees, offering drop-in sessions, counselling, therapeutic 1:1 support, and self help groups in the following areas: confidence building, mothers apart from children, refugee and migration support, LGBTQ+, relationships, eating distress, post-natal support; quitting smoking; music/movement therapy, walking and nature wisdom. We recognise life experiences and skills as assets and offer opportunities to 'give back' and get more involved.

**Tel: 01484 450866**

**Email: [wmh@womencentre.org.uk](mailto:wmh@womencentre.org.uk)**

**Website: [www.womencentre.org.uk](http://www.womencentre.org.uk)**